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### Keys to Adapt & Seek Opportunities

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## Change ...... Are you Prepared?

- \* Comfort zone vs Reality
- \* Do you expect the unexpected?
- Change derails plans
- \* Uncertainty
- \* Emotions Why me?
- \* Only see barriers / negatives

Life is too short ....... So GET ON WITH IT!



#### What worked for me ...... Or not?

- Facts before feelings
- \* Strength is people
- Having a routine
- Self-Awareness & Reflection (10 minutes daily)
  - \* What was the impact of what I did on others?
  - Continuously looked at possibilities
  - \* What is important for me?
  - \* What gives me satisfaction and happiness?
  - \* Generalist more than Specialist
- \* Finding a job -> A job in itself!
- \* Being positive (Yayy! Lets ROCK!)



#### Opportunities ......

"No matter where you come from or how much money you have, it's about taking the opportunities that come to you."

Governor-General Sir Jerry Mateparae



## Change -> Barriers or Opportunities?

- \* Change brings New Opportunities!
- \* No Boundaries for opportunities & possibilities!
- \* Immense happiness & satisfaction
- \* Self-Development -> LinkedIn & Research, Personal Fitness
- Listen to inspirational people (20 per month)
- Volunteered my time Gained new skills and relationships
- Motivational articles & case studies
- \* Balance in life for the first time felt like I had control of my dial and tuned it!







## Courage ...... Resilience ......

- \* Best teacher is Experience
- \* Take a risk -> Fail -> Learn!!
- \* Sleep, rest/relaxation, exercise, diet
- \* Powerful Questions -> Reframe questions
- \* Difficult/courageous conversations
- \* Best coach is a "thoughtful listener"
- \* Don't burn bridges
- \* Be positive!



### Some powerful questions

- \* Team:
  - What possibilities exist that we have not thought of yet?
- \* Recruitment agents:
  - How would you like me to keep in touch with you?
- \* End of Interview:
  - What concerns do you have with me doing this role?

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#### Adaptation .....

It is not the most intellectual of the species that survives; it is not the strongest that survives; but the species that survives is the one that is able best to adapt and adjust to the changing environment in which it finds itself.

Leon Megginson



#### Adaptation ..... Continuous development

- \* Do the basics right
- \* Transform yourself
- \* Review your goals
- \* Grow your networks & connections
- \* Reading Insights & Stories
- \* People love to share their experiences and ideas
- \* Training & Development short term vs long term



## Engaging with People

- \* Technology (overnight) / Process (weeks) / People (years)
- \* Take a genuine interest in others Flatter them and they will respond
- Flex your style to improve the relationship
- \* Who can help you to build your expertise, skills and competencies?
- \* Circles of Knowledge, Control & Influence
- \* "Take care of your staff, and staff will take care of customers"
- \* WIIFM FT Reframe everything! (Which lens are you using?)
- \* 3 C's -> Connection, Conversation, Collaboration
- Difficult experience / personalities: Say THANK YOU for the experience!



#### Transformation (Organisation -> Team -> Self)

- \* Current & future state
- \* Technology driving business processes
- \* Culture, belief & mind-sets (collaboration and breaking silos)
- \* Take people on the journey with you
- \* As a manager/leader how much time do you spend on each area? People/Staff development?
- \* Everything will be transformed how we work, roles and job descriptions, interactions with people, skills and demand, ....



# Expectations from Risk Management Professionals

- \* Leadership role unique opportunity!
- Change Programmes and Transformations (eg. Digital roles)
- \* Organisational Resilience
  - \* Continuity Planning & Preparedness
  - \* Information Management (Business Analytics & Big Data)
  - \* Cybersecurity
- Lean processes / businesses
- \* SMACK (Social Networking, Mobile, Agile, Cloud, Key Disruptors)
- \* Enterprise Risk lens? (Materiality Threshold)
- Risks & Opportunities (Insights & Collaboration)



## Leadership .... What kind of leader are you?

- \* Everyone is a leader
- \* Self-limiting beliefs
- \* Strategic Thinking Culture
- \* Authentic / Genuine Leadership
- \* Ask Courageous questions -> Empower staff
- \* Attack the "Elephant in the room"
- \* Blindspots -> Self-Awareness
- \* Action -> Self-Awareness -> Reflection



#### Enjoy the Experience

- \* Downtime is a GOLDEN Opportunity!
- \* Clarify your objectives and goals
- \* Don't worry about the little things in life
- \* Look at the big picture & your long-term objectives
- \* Use Powerful Questions / Choose your lens
- \* Goals break up into small chunks, measure progress
- \* Invest time in what you like and enjoy
- \* Enjoy what you are doing and have fun!



#### Feedback / Queries / Follow up

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